

Murfreesboro Community Resources

Housing

MTSU Housing Office

KUC 300
615-898-2971 - Main

Murfreesboro Housing Authority

415 N. Maple St.
615-893-9414
Smyrna – 615-459-8866

Shelter Plus Care Housing

Disability Connected
615-893-9414

Emergency Shelters

The Salvation Army

(Food, Clothing, Shelter for Men, Women, and Families, Job Placement)
Salvationarmymurfreesboro.org
1137 W. Main St.
615-895-7071

Domestic Violence Program

(Legal Advocacy, Emergency Shelter, Children's Services, Sexual Assault, Hospital Accompaniment, Elder Abuse, Counseling)
NO Emotional Support Animals
Davcenter.org
1423 Kensington Square Ct.
615-896-2012

Stepping Stones Safe Haven

(Emergency shelter for women and children, Shower Facilities, Laundry Service, and Food)
Registration for night shelter ends at 4pm.
Steppingstonestn.org
720 Old Salem Rd.
615-900-4427

The Journey Home

(Clothes closet, Community Café for every meal, Laundry Service, Shower Facilities, *Coldest Nights)

lovegodservepeople.org
308 W. Castle St.
615-809-2644

***Coldest Nights**

Emergency Shelters for single men and women operates on all nights when the temperature is 32 degrees or below.

Food Banks

Greenhouse Ministries

(Food Pantry, Training Classes, Thrift Shop, Job Training and Referrals, Volunteer Opportunities)
greenhousemin.org
309 S. Spring St.
615-494-0499

Nourish Food Bank of Rutherford Co.,

1809 Memorial Blvd. Murfreesboro, TN
(Mon-Wed, Fri 10am-2pm) 615-203-3963 and
130 Richardson St., Smyrna, TN
(Mon-Fri 10am-2pm) 615-355-0697

MTSU Student Food Pantry

Student Services and Admission Center
MT One Stop (Mon – Fri 8am-4:30pm)
615-898-2111

Emergency Financial/ Utility Assistance

Mid-Cumberland Community Action Agency

(Head Start, Energy Assistance Program, Case management, Emergency Services, Nutrition Programs, and Weatherization Assistance)
midcumberland.org
412 E. Vine St.
615-742-1113 – Has application

Community Helpers

(Emergency financial assistance with Utilities, Rent, Medicine, and Connective Resources)
1809 Memorial Blvd. (in Nourish Food Bank)
615-896-0617 – Call first

Murfreesboro Community Resources

Barnabas Vision

141 MTCS RD.
615-556-5134

The Hope Station

(Financial and mental health assistance for single mothers that make at least \$33K)

144 Bain. LaVergne, TN 37086
615-480-2765
thehopestationtn@gmail.com

Health

Rutherford County Health Department

100 W. Burton St.
615-898-7880

Primary Care & Hope Clinic

1453 Hope Way, Murfreesboro, TN
615-893-9390

Interfaith Dental Clinic

210 Robert Rose Dr.
615-225-4141

Student Health Services

Must be currently enrolled student

Health, Wellness, and Recreation Center
615-898-2988 – Main
615-904-8402 – Women’s Health

Mental Health

MTSU Counseling Services

KUC 326
615-8989-2670

Center for Counseling and Psychological Services

615-898-2271

The Guidance Center

1504 Williams Dr.
Murfreesboro, TN 37129
615-898-0771 – Office

1-877-567-6051 - Intake

Mental Health Co-op

1419 Kensington Square Court
Murfreesboro, TN 37130
615-904-6490 – Office
615-743-1555 - Intake

Omni Community Health – Murfreesboro

545 Brandies Circle
Murfreesboro, TN 37128
615-295-2176

Statewide Crisis Line

855-274-7471

National Suicide Prevention

1-800-273-8255

Legal Services

Legal Aid Society

526 N. Walnut, Murfreesboro, TN
615-890-0905

Parenting/Pregnancy Support

Portico – cost-free pregnancy services

726 S. Church St., Murfreesboro, TN
615-893-0228

WIC, Murfreesboro

Rutherford County Health Department

100 W. Burton St.
615-898-7780

HUGS (Help Us Grow Successfully)

Parenting/ Healthy Child Development
Mid-Cumberland Regional Office
710 Hart Lane
Nashville, TN 37247
615-650-7000

The Family Center

Parenting Seminars, groups, and family coaching

Murfreesboro Community Resources

615-333-2644